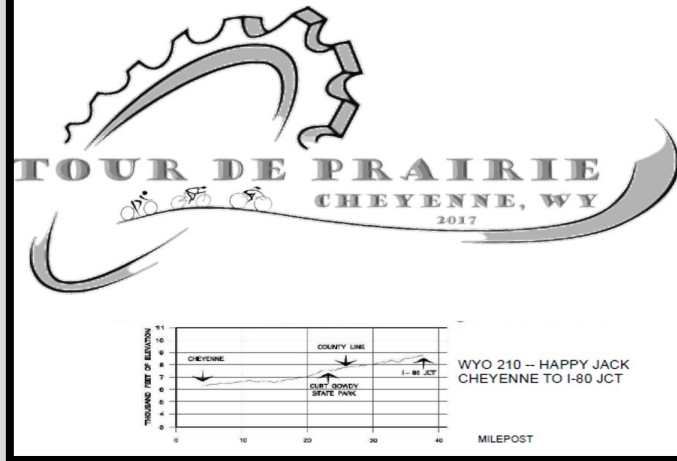
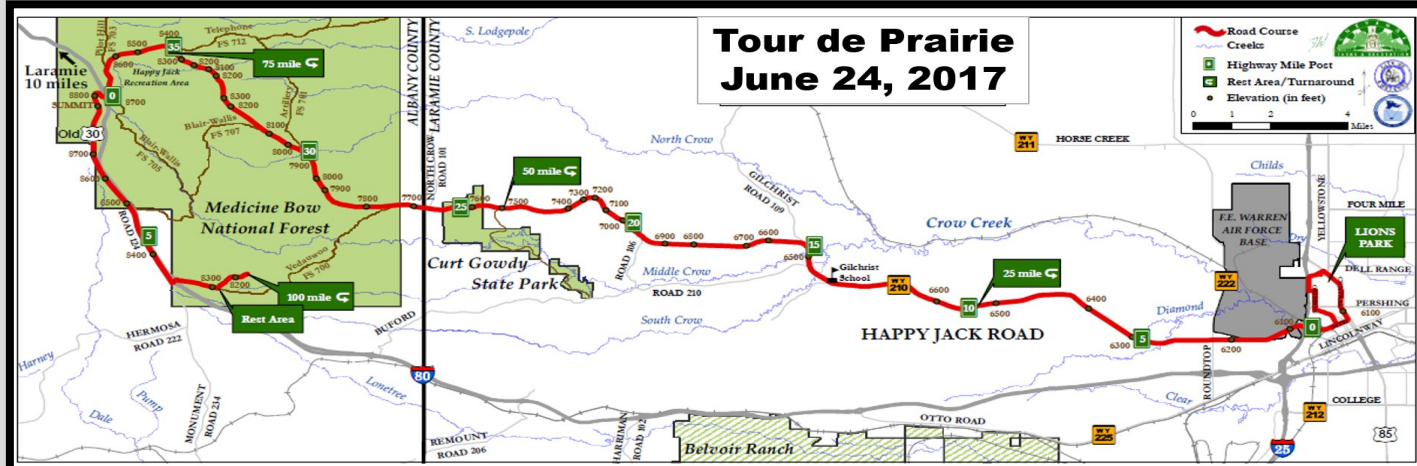


# COURSE INFORMATION



**Tour de Prairie  
June 24, 2017**

**Course Description**

Before leaving town, you will pass the State Capitol, which was completed in time for Wyoming statehood in 1890. After crossing over the BNSF tracks and under I-25, you begin your journey up Happy Jack Road.

Long before the Lincoln Highway (1913) and Interstate 80 (1961-1966) existed, Happy Jack linked Cheyenne to Laramie. References to the road date back to 1878, a mere decade after the arrival of the Union Pacific Railroad and the creation of Cheyenne in 1867. It was named for 'Happy Jack' Hollingsworth, who established a ranch near the foothills of the Laramie Range. He always sang as he hauled wood from the mountains to sell in Cheyenne.

The first leg of the ascent highlights Wyoming's ranching heritage and open spaces. The wind turbine farm just beyond the 25-mile turnaround underscores the importance of natural resources in the state's economy. To the south lies Belvoir Ranch, an 18,000-acre working ranch preserved by the City for future public access and use.

After Middle Crow Creek, the grade steepens before reaching Raincoat Hill at MP 20. Just past the 50-mile turnaround is the entrance to Curt Gowdy State Park, home to the only IMBA Epic Mountain Bike Trail System in the Front Range.

Over the last decade WYDOT has added 30 miles of wide shoulders along this designated bike route, from Cheyenne to the Medicine Bow National Forest. The area is home to world-class rock climbing at Vedauwoo and cross country ski trails at Pole Mountain.

Cross I-80 at its highest point (8,640') and continue along Old US-30. At the Summit you can get a good view of the Lincoln bust, commemorating the visionary behind the first transcontinental highway. To complete the Century ride, continue past the rest area at the Vedauwoo entrance to the Turtle Rock Trailhead. Stop for a moment to take in the beauty of the Laramie Range before turning around and preparing for the long downwind downhill you have earned.

## Superday Activities Include:

- Food Court
- Show-N-Shine Car Show
- Volleyball Tournament
- Rides
- Stage Entertainment
- Inflatables
- Contests
- Arts & Crafts Show
- Games
- Organization Exhibits
- Children's Carnival
- Special Friends
- 5k/10k Run/Walk
- Tour de Prairie

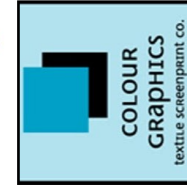


"A Recreation Celebration" HollyFrontier Corporation Superday is an annual celebration kicking off July as National Parks & Recreation Month. Superday is hosted by the Cheyenne Parks & Recreation Department to promote a greater awareness of the value and availability of recreation and leisure activities.

June 24th—Lions Park—10am-4pm  
Cheyenne, Wyoming



HOLLYFRONTIER



June 24, 2017  
Cheyenne, WY

23rd Annual Tour de Prairie  
c/o City of Cheyenne  
Leisure Services Division  
610 W. 7th Street  
Cheyenne, WY 82001

# EVENT INFORMATION

## 24th Annual HollyFrontier Tour de Prairie Overview

The Cheyenne Parks & Recreation Department is proud to present the 24th annual HollyFrontier Tour de Prairie. Our long course heads south past the State Capitol, before heading west under I-25 and then on your way up Happy Jack Rd, to Vedauwoo. The long course features 100, 75, 50 and 25 Mile rest station/turn around options. We also provide the option of a 10 Mile Cruiser Course, geared for the family or casual rider, that utilizes the Greater Cheyenne Greenway. Event will be held June 24th, 2017

## Registration & Fees

Online registration, with a credit card, will be accepted through WebTrac. Completed Entry Forms, Signed Assumption of Risk, Waiver & Release Forms along with a check or money order may be mailed to 610 W. 7th Street, Cheyenne, WY 82007, ATTN: TdP, or hand delivered to Bicycle Station, 2634 Dell Range or Rock on Wheels, 900 E. Lincolnway. Please make checks/money orders payable to: **CITY TREASURER.**



Early Registration: Registrations received must be postmarked by June 9th for mail-in registration and delivered by June 16th.

Adult—(Tour Only) .....\$45.00

Child 12 & Under—(Tour Only) .....\$25.00

Early Registration Adult—(Tour/Ride) .....\$80.00

Cruiser Course Family Registration .....\$20.00  
(up to 4 Immediate Family Members)

Day of Ride Registration: HollyFrontier Tour de Prairie Registration area will be located at the North Shelter in Lions Park. Day of registrations will be accepted from 5:30-8:00am for the Long Course and until 10:00am for the Cruiser Course.

Adult—(Tour Only) .....\$55.00

Child 12 & Under—(Tour Only) .....\$35.00

Cruiser Course Family Registration .....\$30.00  
(up to 4 Immediate Family Members)

## Breakfast & Lunch

Breakfast: Join other riders for a pre-ride breakfast located next to the tour registration area. Breakfast starts at 6am. The breakfast is free to registered riders. Non-registered friends or family can purchase a breakfast for \$3, payable the day of the event.

Lunch: A post-ride lunch from 11:30am-3:30pm next to the registration area for all returning riders. Lunch is free to registered riders. Non-registered friends or family can purchase a lunch for \$5, payable the day of the event.

## Parking

Parking is available in the lots in front of the Cheyenne Aquatic Center and Kiwanis Community House. NOTE: Lot C will not be available. Parking is free for Tour de Prairie participants.

## Goodie Bag Pick-Up

Goodie bags may be picked up at Bicycle Station, 2634 Dell Range or Rock On Wheels, 900 E. Lincolnway, between June 21st-23rd. Goodie bags may also be picked up on June 24th at the registration area.

## Starting Times

In an attempt to give participants a chance to enjoy the HollyFrontier Superday activities, the following times will be observed:

- 5:30am—Registration Opens
- 6:00am—Breakfast Begins
- 6:30am—Long Courses Start
- 9:15am—Breakfast Closes
- 10:00am—Cruiser Course Start
- 11:30am—Lunch Opens
- 3:30pm—Lunch Closes
- 4:00pm—Event Closes

## Rest Stops & SAG Support

For your convenience and comfort, there will be rest stops with refreshments on all routes. Rest Stops will close at the following times:

- Rest Stop #4—Vedauwoo—1:00pm
- Rest Stop #3—35 mile—1:30pm
- Rest Stop #2—25 mile—2:30pm
- Rest Stop #1—12.5 mile—3:30pm

SAG vehicles will be provided by the Cheyenne Transit Program. Remember, Wyoming weather can be unpredictable, be prepared. Bicycle Station and Rock On Wheels personnel will be available to help with minor breakdowns.

**NO MAJOR REPAIRS WILL BE ATTEMPTED**



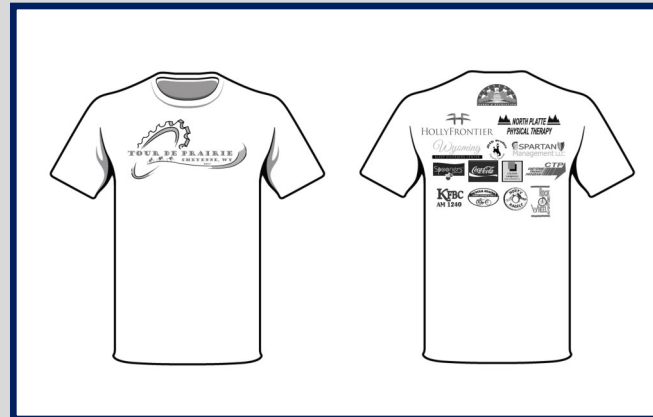
## Safety

ALL riders are required to wear helmets. There will be automobile traffic on all roads, please obey all signs and law enforcement officers. Please stay to your right on portions of the route with minimal shoulder.

**YOU MUST OBEY ALL TRAFFIC LAWS**

## Performance T-Shirt

Please see registration form for information on ordering additional event t-shirts (picture below). All registered participants will receive a complimentary t-shirt. Shirt color will be navy blue.



## For More Information

Information concerning the 24th annual HollyFrontier Tour de Prairie can be obtained by calling (307) 637-6423, or online by visiting [www.cheyennecity.org](http://www.cheyennecity.org).

## Ride for Sight

Join the Sunrise Lions Club on August 6th. Whether you choose the 20mi, 30mi, 50mi, Century, Metric Half Century or Metric Century ride, you will enjoy the rolling hills and colorful vistas of Wyoming. Also available is the Family Ramble utilizing the Greater Cheyenne Greenway. Proceeds from this ride will go towards the Lions Club vision screening program for children. Registered riders will receive a pre-event pasta dinner, t-shirt, water bottle, goodie bag, continental breakfast, lunch and more.

Registration for the Sunrise Lions Club Ride for Sight is available at Bicycle Station, Rock on Wheels, via phone and online at Active.com. All riders who register for both the HollyFrontier Tour de Prairie and Ride For Sight at the same time will be able to do so at a reduced rate. Please see registration form for details. For more information on Ride For Sight please call Jim Reynolds at (307) 638-9464.

Mail-In Registration

## Participant Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

Email Address: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: M F Performance T-Shirt Size: S M L XL XXL

## Course Option:

- Road Course
- Cruiser Course

## Fees:

### Participation Information (Check One)

- Tour de Prairie—Adult \$45 Early/\$55 Day Of
- Tour de Prairie—Child (12 & Under) \$25 Early/\$35 Day Of
- Tour/Ride for Sight—Adult \$80
- Family Cruiser Course—up to 4 Immediate Family Members \$20/\$30 Day Of

### Additional Purchases (Check Any that Apply)

- Additional Performance T-Shirt—\$15 M-XL, \$20 XXL-XXXL—Quantity: \_\_\_\_\_
- T-Shirt Size: M L XL XXL XXXL

## Fee Calculator:

Participation Fees: \_\_\_\_\_

Additional Fees: + \_\_\_\_\_

**Total Fees Owed:** = \_\_\_\_\_

**Early Fees:**  
Mail-In Must Be Post Marked by June 9  
Drop-Off Must Be Delivered by June 16

## Payment Information:

- Check or Money Order—Payable to: *City Treasurer*
- Visa, MasterCard, Discover

Card No: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## Assumption of Risk, Waiver, Release Form

IN CONSIDERATION of acceptance of my entry in the HollyFrontier Corporation Tour de Prairie, I, the undersigned participant, hereby agree & make the following contractual representations and agreements. I fully realize the dangers in participating in a group bicycle ride, race or trials competition (including, by way of example and not limitation, the dangers of collision with vehicles and other riders, the dangers arising from surface hazards, physical exertion, weather conditions & equipment failures) & I fully assume all risks associated with such participation. I hereby waive, release and discharge for myself, my family members, heirs, administrators, personal representatives, successors & assigns, any & all rights and claims which I have or which may hereafter accrue to me against the sponsors of the HollyFrontier Corporation Tour de Prairie and the City of Cheyenne, its officers, employees, volunteers & participants for any & all damages which may be sustained by me directly or indirectly arising out of my participation in the HollyFrontier Corporation Tour de Prairie. Further, I will hold the City of Cheyenne harmless from any & all liabilities & provide for the defense of the city in the event the city is sued as a result of my alleged negligence. I attest that my physical condition is adequate to complete the tour I have selected safely. I am prepared for this event and will wear a helmet. I hereby acknowledge that the above persons and entities have no obligation to provide medical care and have not undertaken the responsibility to do so. In the event I receive medical care as a result of a medical emergency, I hereby consent to such care. I grant full permission for sponsors or the City of Cheyenne to use photographs of me & quotations from me in legitimate accounts and promotions of this event. I hereby certify that I have fully read and understand the foregoing legal document and sign it knowingly, willingly, and voluntarily.

Participants Name (Print): \_\_\_\_\_

Participants Signature: \_\_\_\_\_

Guardian's Signature (Under 18): \_\_\_\_\_