SAG Instructions

Please read-Very Important

Go through all of your boxes to be sure what you have for food items.

Consider yourself like a food demonstrator at a place like Sam's. Be willing to offer riders SAG items particularly if a food item isn't being taken. Have items opened and ready to serve or be taken. If a container, bag or jar is sealed, the riders will pass on the item.

From time to time use the hand disinfectant to clean your hands and the wipes to clean the table. Use food handler's gloves if provided.

1. Use the knife and cutting board to cut some **oranges** in quarters a few at a time. Riders will usually not want to peel and eat a whole orange, but they will take a quarter section. Also have a **banana or two cut in half** along with whole bananas, as some riders may not want a whole banana.

2. For the trail mix, **dish up some of the item into the small cups** a few at a time so riders don't have to put their sweaty hands into the bags or containers.

3. If you have **cream cheese** at your stop, put ice in the bottom of a bowl and set the cream cheese container on top to keep it cold. **Slice the bagels a few at a time.**

4. Have the **pickle jar opened and a fork in the jar** so riders can grab a pickle. (An excellent source for replenishing electrolytes.)

5. Gatorade is for the riders to put in their water bottles, not in the water coolers. If you run out of Gatorade, **don't buy any**. Have the rover check with the other SAG stops for extra Gatorade.

6. We <u>do not</u> provide cups for drinking. **Riders should use their water bottles.**

7. If you run out of something essential, call the SAG contact number. If you can't reach the contact number and it is essential to purchase something (water, fruit, cookies, ice, etc., keep your receipt so you can be reimbursed. As long as you have something to offer for sustenance, you are okay.

8. Make sure we have collected all our trash. A trash can and bags are included in your materials.

9. Study the route map particularly for your spot so you can answer questions. Some questions you may not know the answer to and that's okay. Just say "I don't know".

10. A roving SAG will come by to help you set up and/or tear down the SAG stop.

11. You have extra toilet paper if the porta-potty runs out.